Central California Swimming 18 and Under Junior Olympic Swimming Championships
February 15-16-17-18, 2008 – Sponsored by TYR
Bakersfield College – Bakersfield, California
Held Under Sanction of USA Swimming/Central California Swimming #S0708AK

Host: Bakersfield Swim Club, (661) 637-1403, www.bakersfieldswimclub.org

Facility: Eight competitive lanes in a 50 meter x 25 yard pool with a continuous depth of 2 meters. Two 25 yard courses will be used if the amount of entries is warranted. Continuous warm up/swim down is also available in a separate 25-yard pool. Colorado Timing & Scoreboard will be used. ***Teams may not arrive for set up until after 2:00 PM on Friday February 15, 2008– no exceptions***

***Location*:** **PLEASE NOTE THE CHANGE OF VENUE FROM LAST YEAR:** Bakersfield College, William A. Wheeler Aquatic Center and Jeffrey Townsend Pool. From North or South, on Highway 99 exit Rosedale Highway go East (turns into 23rd street then Highway 178). Take Mount Vernon Ave. Exit, Go North. From Highway 58, take north bound Mt. Vernon. Bakersfield College is on the corner of Mount Vernon Ave. and University Ave. Go left on University Ave. Turn right into the campus parking lots. The pool is just west of the Football Stadium, next to the PE Building. Parking is available in South Lot.

Time: Timed Finals Friday February 15, 2008, warm-up at 3:00 pm and Meet starts at 4:00 pm. ALL OTHER DAYS: Preliminaries warm-up at 7:30 a.m. Preliminaries begin at 9:00 a.m. Finals time will be established by the meet referee each day.

Rules: Current USA Swimming and CCS Rules will govern the meet. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Preliminaries and finals will be contested in all individual events except for the 13-14 & 15-18 1000 and 1650, 11-12 & 10 & under 500 yard freestyles and all 8 and under events. The 13-14, 15-18 1650 and 11-12, 10 & under 500 free will be swum *fastest to slowest alternating girls and boys* and may be swum together, regardless of age, but scored separately on Friday. The 13-14 & 15-18 1000 free will be swum *fastest to slowest alternating girls and boys* and may be swum together regardless of age at the end of preliminaries on Saturday. 8 & under events, including relays, will be timed finals conducted during preliminaries on Saturday and Sunday. All relays will be deck-entered with the entry deadline established by the meet referee each day. All relays, except 8 & unders, will be timed finals swum in the finals session. 8 & unders may swim in an 8 & under relay event or a 10 & under relay event on Saturday and Sunday, but they may not swim both. Only 8 & under events will count toward the 8 & under high point award. 8 & under swimmers competing in 10 & under events will score points in the 10 & under division in those events. All relays must be paid by the beginning of finals on Monday. Swimmers in the 1000, 1650,11-12 & 10& under 500 yard freestyle events must provide a person to time, a lap counting device, and lap counter; swimmers in the 13-14 and 15-18 500 yard freestyle events must provide a lap counting device and lap counter. The meet will be deck seeded. All events will be seeded according to submitted times. Events will be championship seeded except for timed final events. A master check-in system will be used. Check-in for Friday events must be completed thirty (30) minutes prior to the event start time. ALL OTHER DAYS: Swimmers in the first 4 events must be checked in by 8:30 a.m. Check-in for later events must be completed at least 1 hour prior to the estimated start time of the event. Submitted entry times must be equal to or faster than the listed time standards. This is a proof of time meet. The date and location of each entry time achieved by a swimmer shall be proven to the referee upon request. **Swimmers are limited to three (3) individual events per day. Swimmers are limited to seven events, in total, for all individual events in preliminary or timed-final sessions**, plus relays. There will be a championship and consolation final (A & B final) swum in that order for all individual events except for the 15-18 age group a championship, consolation and a bonus (non-scoring) consolation final (A,B, & C final). Central California Swimming missed event policy is as follows: Swimmers who check in for an individual event in preliminaries and are charged with a "no show" will be scratched from that event and their next preliminary or timed final individual event in the meet. Swimmers who are seeded into finals in an individual event and are charged with a "no show" will be scratched from that event, any other individual finals events they are in that day, plus their first individual event on the next day. A swimmer who qualifies for finals and wishes to scratch their event, must scratch or declare their intention to scratch within 30 minutes of the official announcement of the results for that event**.** No deck entries will be allowed.

Warm-Up: GENERAL WARM-UP PERIOD: The first 30 minutes of warm-up will be for general warm-up in all lanes. There will be no diving allowed during general warm-up. SPECIFIC WARM-UP PERIOD - The last 45 minutes of warm-up in each competition course will be allocated for specific warm-up in designated lanes. During the specific warm-up period, lanes 1 and 8 will be used for push pace work, lanes 2 and 7 for one-way dive sprints, and lanes 3, 4, 5 and 6 for general warm-up. 6 lanes in the warm-up course will be for general warm-up and swim down. No starting practice in that course. All warm-ups must be supervised by a USA Swimming registered coach. If you do not have a USA Swimming registered coach present, report to the deck referee for coach and lane assignment. Warm-up procedures will be posted on deck and printed in the meet program. Coaches must be prepared to present proof of USA Swimming coach registration at the coaches meeting.

Time Trials: Time Trials will be offered at this competition, held under Sanction #S0808AK **Participants in Time Trials must be properly entered in the 18 and Under JO meet. Swimmers are limited to three (3) individual events per day for both meets.**

Eligibility: Open to all 2008 USA Swimming registered swimmers. ***This is a proof of time meet.***

Entries: Entries must be submitted electronically either through the CCS online meet entry system or submitted on HY-Tek file along with a signed paper copy of entry and proof of time. Relay entries are due on the day of the event at a time to be determined by the meet referee. Relay only swimmers must be entered in the meet and pay the $6.50 pool surcharge by the meet entry deadline. There are relay time standards in this meet. Each team will be allowed to enter one relay per relay event that does not meet the listed time standard. You may enter as many relays as you like that make the time standard.

Online Entries: Enter at: http://www.centralcalswim.org to receive immediate confirmation of acceptance. Once on the CCS website, click on the Swim Meets button and then click on the Enter a Meet button. Online entry requires payment by credit card using our secure site. There is no additional cost for online meet entries. Online meet entry fees are paid to Central California Swimming. Online entries are available to all swimmers regardless of team and/or LSC affiliation.

Entry Fees: $4.00 for each individual event, $8.00 per relay and $6.50 per swimmer pool surcharge. Team Hy-Tek and online entries must be received by Friday February 8th, 2008. Late entries will be accepted up to February 13th with a $10.00 per swimmer late fee. Entries from meets conducted on February 9-10, 2008 will be accepted on Monday February 11th, 2008 only as new events, not updates.

Make checks payable to: ***Bakersfield Swim Club.***
Please mail entries to: ***Junior Olympic Entries***
Bakersfield Swim Club
PO Box 9939
Bakersfield, CA 93389

Awards: Custom medals for 1st through 8th in individual events and 1st through 3rd in relay events. Team awards for 1st through 5th places. High point awarded for each age group and gender.

Scoring: Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relay events: 40-34-32-30-28-26-24-22

Director: John Kraetsch (661) 587-6554 **Information:** BSC office (661) 637-1403 email: val@bakersfieldswimclub.org

Meet Referee: George Christian (661) 397-8914

Central California Swimming Short Course Junior Olympics

Bakersfield, CA - Wm. Wheeler Aquatic Complex - Bakersfield College

Friday - February 15, 2007 - 3:00 Warm up, 4:00 Meet Start

1	6:29.79	11-12.	500 Free	6:24.99	2
3	7:22.49	10 & under	500 Free	7:18.39	4
5	21:19.59	13-14	1650 Free	20:34.49	6
7	21:05.59	15-18	1650 Free	19:50.69	8

Saturday - February 16, 2007 7:30 AM - Warm up, 9:00 AM - Meet Start

9	2:23.59	11-12.	4x50 MR	2:22.39	10
11	2:46.29	10 & under	4x50 MR	2:45.99	12
13	2:18.99	15-18	4x50 MR	2:12.79	14
15	2:18.99	13-14	4x50 MR	2:17.89	16
17	2:18.79	15-18	200 Free	2:07.49	18
19	2:21.69	13-14	200 Free	2:12.79	20
21	1:18.29	11-12.	100 Fly	1:16.29	22
23	1:36.99	10 & under	100 Fly	1:35.59	24
25	1:32.89	8 & under	100 Free	1:32.89	26
27	1:20.69	15-18	100 Breast	1:13.09	28
29	1:22.39	13-14	100 Breast	1:16.39	30
31	:36.19	11-12.	50 Back	:35.79	32
33	:41.79	10 & under	50 Back	:42.09	34
35	:49.29	8 & under	50 Back	:49.29	36
37	2:34.79	15-18	200 fly	2:21.89	38
39	2:36.89	13-14	200 Fly	2:28.69	40
41	2:47.39	11-12.	200 IM	2:45.09	42
43	3:11.59	10 & under	200 IM	3:10.49	44
45	:50.09	8 & under	50 Fly	:50.09	46
47	1:11.49	15-18	100 back	1:04.69	48
49	1:12.59	13-14	100 back	1:08.49	50
51	NTS	8 & under	4x25 FR	NTS	52
53	12:48.49	13-14	1000 Free	12:22.69	54
55	12:35.69	15-18	1000 Free	11:49.59	56
57	9:17.79	15-18	4x200 FR	8:40.89	58
59	9:29.79	13-14	4x200 FR	9:02.89	60

Sunday - February 17, 2007 7:30 AM - Warm up, 9:00 AM - Meet Start

61	2:06.59	11-12.	4x50 FR	2:03.29	62
63	2:19.99	10 & under	4x50 FR	2:18.29	64
65	2:00.39	15-18	4x50 FR	1:45.89	66
67	2:02.89	13-14	4x50 FR	1:54.19	68
69	2:27.99	11-12.	200 Free	2:24.19	70
71	2:50.99	10 & under	200 Free	2:44.99	72
73	1:10.59	15-18	100 Fly	1:03.89	74
75	1:11.89	13-14	100 Fly	1:09.89	76
77	1:45.69	8 & under	100 IM	1:45.69	78
79	:40.09	11-12.	50 Breast	:39.99	80
81	:45.89	10 & Under	50 Breast	:46.29	82
83	2:33.99	15-18	200 Back	2:20.09	84
85	2:35.49	13-14	200 Back	2:27.29	86
87	:55.09	8 & under	50 Breast	:55.09	88
89	1:19.59	11-12.	100 Back	1:16.79	90
91	1:30.09	10 & under	100 Back	1:28.89	92
93	:29.79	15-18	50 Free	:26.79	94
95	:30.29	13-14	50 Free	:28.09	96
97	:41.49	8 & under	50 Free	:41.49	98
99	:31.39	11-12.	50 Free	:30.19	100
101	:34.99	10 & under	50 Free	:34.39	102
103	5:31.59	15-18	400 IM	5:05.19	104
105	5:37.39	13-14	400 IM	5:19.19	106
107	NTS	8 & under	4x25 MR	NTS	108
109	5:19.99	11-12.	4x100 MR	5:14.99	110
111	4:46.89	15-18	4x100 MR	4:21.09	112
113	4:58.39	13-14	4x100 MR	4:38.89	114

Monday - February 18, 2007 7:30 AM - Warm up, 9:00 AM - Meet Start

115	2:36.69	15-18	200 IM	2:23.29	116
117	2:39.69	13-14	200 IM	2:29.79	118
119	1:06.59	11-12.	100 Free	1:06.39	120
121	1:18.89	10 & under	100 Free	1:16.99	122
123	1:04.49	15-18	100 Free	:58.49	124
125	1:05.69	13-14	100 Free	1:01.29	126
127	1:26.99	11-12.	100 Breast	1:25.99	128
129	1:42.29	10 & under	100 Breast	1:40.79	130
131	2:53.89	15-18	200 Breast	2:38.49	132
133	2:57.39	13-14	200 Breast	2:44.99	134
135	1:18.29	11-12.	100 IM	1:16.29	136
137	1:30.69	10 & under	100 IM	1:28.09	138
139	6:07.79	15-18	500 Free	5:43.39	140
141	6:12.59	13-14	500 Free	5:58.29	142
143	:34.49	11-12.	50 Fly	:34.49	144
145	:41.19	10 & under	50 Fly	:40.29	146
147	4:22.59	15-18	4x100 FR	3:58.99	148
149	4:26.59	13-14	4x100 FR	4:08.79	150
151	4:38.59	11-12.	4x100 FR	4:29.89	152

NOTICE! - NOTICE! --------- If the number of entries are warrented - the Preliminaries and/or Finals will be conducted in two(2) separate 25 yard courses.

~ 1650's, 1000's & 11-12 & 10 & under 500's Timed Final Events - Seeded Fast to Slow Alternating Women & Men

~ 10 & Under, 11-12, 13-14, and 15-18 relays - Timed Final Events - swum in Finals

~ All 8 & under Time Final Events - swum in Preliminary Session

~Finals Start time will be determined by the meet referee

Central California Swimming
18 & Under Junior Olympics
Hosted by:
Bakersfield Swim Club
February 15-16-17-18, 2008

Hotel Information

Holiday Inn – Select
801 Truxton Ave.
Bakersfield, CA
(661) 323-1900
$91

Courtyard
3601 Marriott Drive
Bakersfield, CA 93308
(661) 324-6660
$109
Jan. 18th – cut off

Residence Inn
4241 Chester Ln.
Bakersfield, CA 93309
(661) 321-9800
$129
Jan. 18th – cut off

DoubleTree Hotel
3100 Camino Del Rio Ct.
Bakersfield, CA
(661) 323-7111
$96
Jan. 25th - cut off

Spring Hill Suites
3801 Marriott Dr.
Bakersfield, CA 93308
(800) 331-3131
$109-$119
Jan. 18th – cut off

Ask for "**Junior Olympics Swim Meet**" rate